



HAIDA GWAI STATE OF EMERGENCY

If you have any sign of illness, however mild, self-isolate from other members of your household and the community and seek testing for COVID-19 immediately. COVID-19 symptoms include: fever, cough, shortness of breath, sore throat, runny nose, loss of smell.

If you experience any symptoms, phone Northern Health's Online Clinic: 1.844.645.7811

If you test positive, you are encouraged to self-report to one of the Health Center Emergency Operations Centers.

COVID-19 EMERGENCY MEASURES IN EFFECT UNTIL FURTHER NOTICE

KEEP YOUR SOCIAL CIRCLE SMALL

Until there is a vaccine or immunity, limit social interactions and always consider the risks COVID-19 present to you, your family, friends and community.

- **Keep your circle small.** Be very careful with your social interactions.
- **Parties and other gatherings are not permitted during the COVID-19 pandemic.**
- When interacting with people who are not in your social circle, gather outdoors (for example, meet in your yard or at the beach).
- Always consider the interactions each person within your social circle has had and remember how easily the COVID-19 virus can spread.
- Elders, those with compromised immune systems and people with chronic conditions are especially vulnerable to COVID-19. Use extra care and caution with your interactions.

You may need to pull back your circle in the event of an outbreak – follow CHN and local EOCs to stay up to date.

RESPECT PHYSICAL DISTANCING & PRACTICE GOOD HYGIENE

Only leave home when you are in good health and respect the following:

- Physical distancing: keep at least 2 metres / 6 feet away from people who are not from your household.
- When physical distancing is not possible it is strongly recommended that you wear a non-medical/cloth mask. Make sure to practice proper mask hygiene.
- Wash hands thoroughly and often with soap and water for 30 seconds; if soap and water are unavailable, use hand sanitizer.
- Avoid touching your eyes, nose or mouth; if you need to touch your face, wash your hands before and after.
- Cough or sneeze into your arm sleeve or a tissue (*immediately dispose of tissue and wash hands*).
- When out and about in the community, give priority to Elders and always give them safe physical distance.

INDOOR GATHERING PLACES

All offices, businesses and services open to the public must ensure COVID-19 protections are in place at all times, such as physical distancing and hygiene standards. All must comply with current provincial health and WorkSafeBC standards and have COVID-19 Safety Plans in place.

- Individuals and businesses are encouraged to record interactions with others.
- Keep track of where you have been, dates, and people you have interacted with.

OUTDOOR SPACES

Outdoor spaces are important for health, exercise, and well-being. Always maintain physical distance with people outside of your circle, even when outdoors. Use facilities at your own risk and sanitize shared surfaces (for example, playgrounds and other shared surfaces).

LOCAL ON- ISLAND TRAVEL

When traveling between Island communities, do so carefully. Always respect physical distancing, practice good hygiene and consider wearing a non-medical mask when in indoor public places.

TRAVEL TO / FROM HAIDA GWAI

The virus moves wherever people move. We all share a responsibility to protect ourselves, our families and each other.

- **Residents should not travel off-Island unless essential.** For example, “essential” includes medical travel, which is important and encouraged. It also includes urgent family matters and essential work off-Island.
- Follow strict physical distancing and good hygiene measures if you must travel off-Island.
- If you have travelled on a flight, check the BC Centre for Disease Control website for possible COVID-19 Public Exposures <bccdc.ca>

Isolation

- Residents traveling from any location should self-isolate for 14 days upon return.
- Support is available through local authorities and EOCs.

Non-resident travel to Haida Gwaii is not permitted at this time.

ESSENTIAL WORKERS & MANDATORY ISOLATION PROCESS

Those coming to Haida Gwaii to conduct essential service work must apply through the Council of the Haida Nation and include a Safe Work Procedure and Safe Community Plan. Essential service workers need to self-isolate and / or follow requirements according to Work Permits issued, follow physical distancing measures and hygiene guidelines during isolation and after. Contact <essentialworkpermits@haidanation.com>